



*Setting intentions to raise
vibrations*

Ritual



Consciousness is based on
Coherence, Intention, Sacred
Geometry and Light



I trust that all that is unfolding
is for my highest good
Love and Light fills my heart
I give thanks for the blessings
I receive
Every ending marks a new
beginning
I am I am I am

Humans have been creating sanctuaries since ancient times, to protect their homes and land.



Life was created from a spark of
light
with a geometrical pattern,
a divine order and
a higher state of consciousness.

The past, present and future.
Our intuitive connection to all.



Set aside some time for your self
In nature or in a peaceful time at night at home
Breathe into your feelings trusting you are
supported now

Bring one object representing the four elements and
set an altar that brings you unity and joy as a circle
of life:

Fire - Light candles, make a bonfire, burn incense,
Air - play soft music, leave a fan on, have a feather
Earth - Arrange crystals to create a sacred ambience,
bring flowers if you wish

Water - vase/bowl of water, next to you as you
create this safe space for cleansing, rejuvenation,
recharge, release.

Love is Energy



&

Energy is
All that is

Start with an Intention from the



Now follow your intuition

Start writing, drawing, meditating ...

Leave your thoughts, feelings of limitation empty
your mind

Purify your higher mind with this new energy
available to you now

Create the moment to feel your joy

Dance, be in gratitude for All you have

Enjoy yourself

The Time is NOW

Remember

Who

You

Are

Rising Above

I surrender to the Universal
power of Love

I trust All is well in my life

I look at my life from a
higher perspective

I am divinely guided by Light

All is clear in my path

I am I am I am

A large, glowing moon is centered in the upper half of the image, set against a soft, hazy sunset sky. The sky transitions from a pale purple at the top to a warm orange near the horizon. Below the horizon, the ocean is visible with gentle waves, and a small, dark silhouette of a person stands in the shallow water. The overall mood is serene and romantic.

MOONLIGHT
SISTERS

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